

Perfect Van for Your Move

East London Van Size Handbook

Your Guide to Van Sizes

ESSENTIAL PACKING TIPS

Wrap Delicate Items: Use bubble wrap for fragile items like glassware and electronics.

Pack Kitchenware Separately: Keep kitchen items in sturdy boxes and wrap them carefully.

Disassemble Large Furniture: Save space and prevent damage by taking apart large items.

Use Protective Covers: Protect your furniture with covers, particularly for delicate surfaces like wood and leather.

Your Ideal Van Awaits – Here's How to Choose

VAN SIZE	Purpose	Space	Fits
Small Van (Transit)	Perfect for single-item moves or studio apartments.	1 room or up to 8-10 items.	Small boxes, a few pieces of furniture, and personal belongings.
Medium Van (Luton)	Best for 1-2 bedroom flats or small office relocations.	2-3 rooms.	Multiple furniture items, several boxes, and appliances.
Large Van (Sprinter)	Ideal for family homes or large office moves.	4 rooms or more.	Full household contents, large furniture, and appliances.

Why Choose Man and Van East London?

- AFFORDABLE RATES
- FLEXIBLE SCHEDULING
- EXPERIENCED TEAM
- LOCAL KNOWLEDGE

Get in Touch with Us

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ManAndVan

EastLondon.co.uk



FAQS

Q: Do you move items across East London?

A: Yes, we serve all areas within East London and beyond.

Q: Can I help with loading?

A: We offer full loading and unloading services, but you're welcome to help if you'd prefer.

Q: Do you have special vehicles for large items?

A: Yes, we have large vans with specialized equipment for heavy or oversized items.

Q: What do I do if I need to cancel?

A: We offer flexible cancellation policies, though we prefer at least 24 hours' notice.

HOW WE WORK?

1. Simple Booking

Getting started is simple. Just give us a call or book online, and we'll help you choose the perfect moving service for your needs.

2. Efficient Packing and Loading

On moving day, our team will arrive fully prepared with packing materials, equipment, and a professional approach. We'll take great care in handling all your belongings.

3. Safe Delivery

Sit back and relax while we transport your items to their new destination safely and securely. We'll unload, place everything where it belongs, and make sure the job is done right.